

AAC Camp at ISAAC 2014 Saturday, July 19th and Sunday, July 20th

We are preparing a warm welcome for participants of the ISAAC 2014 AAC Camp, a weekend "day camp" experience for participants who use AAC and are between the ages of 5 and 21. Campers and their families will have the opportunity to socialize while choosing from a variety of recreational activities.

Each camper <u>must</u> be accompanied by a parent or guardian in order to participate in AAC Camp activities.

Sessions on Saturday and Sunday will generally begin at 09:30 and will include lunch and snacks each day for both the registrant and up to one (1) attendant. Precise start and end times will be confirmed by the individual program coordinators.

Register Early! The AAC Camp registration rate is \$150 before June 20th. From June 20 until July 18, the registration rate increases to \$185. AAC Camp attendees must be accompanied at all times by one or both parent(s) or legal guardian(s), and camp activities may require the provision of a signed waiver(s) by the parent(s) or legal guardian(s) as a precondition for participation by attendees.



The ISAAC 2014 AAC Camp offers four options:

A. Adapted Scuba Diving



(1 ½ days: July 19th full day & July 20th, half day)

Disabled Divers International-Portugal will be coordinating this program, which offers young people with intellectual, motor, and/or sensory disabilities (age 12 and older) the chance to learn the basics of scuba diving. Scuba diving is a fun and challenging activity that encourages a sense of ability and achievement. Underwater, everybody uses an alternative way of communicating. Usually hand signs are used but persons with vision impairments use a tactile communication method.

The first day of instruction will include theoretical classes and a swimming pool session. On the second day a dive in the sea will be arranged from Sesimbra, a small town about 40 km south of Lisbon.

The maximum number of participants is 10.

A copy of a medical examination stating that the participant is fit for diving must be submitted.

To learn more about scuba diving training for people with disabilities, contact info@ddivers.org or visit www.ddivers.org. If you need more details about this activity, please contact pme@ucp.pt.



B. Art Therapy Workshop

"Butterfly Ears: A Different Difference"

(1 full day: July 19th)



This workshop will have as its starting point a story entitled "Butterfly Ears" written by Luísa Aguilar. Its themes are exploring differences and the power of transformation. Various types of creative approaches using diverse media will be proposed to participants, taking into account their individual interests and potential.

After relaxed listening to the story, facilitators will lead participants in a movement exercise as a way of freeing the body. The first exploratory contact with the art materials will be followed by a sequence of creation proposals in group or individually.

Moments of reflection and sharing will follow the creative process.

The workshop will be designed and facilitated by the <u>Portuguese Art Therapy Society</u> (SPAT), a non-profit group founded in 1996 for the purpose of research, training of art therapists, and spreading awareness of the benefits of art therapy. The program will begin at 9:30 am and end at 4:30 pm. Participants will be in groups according to age, either 8 – 14 or 14 – 20 years of age.



C. Adaptive Sailing:

"Sailability" (1 full day: July 20th)





Sailing is an enjoyable activity that can be adapted for people with disabilities and shared with family and friends. Campers will use "access class" boats, which are suitable for beginners and designed for people with reduced mobility. These boats have as a main feature a low centre of gravity and ballasted keels, resulting great stability. The sailing experience will take place at Centro Náutico Marina Parque das Nações (near the Aquarium Oceanário), in a closed water plan that offers maximum safety. Showers and the training center are suitably equipped and accessible.

Five boats will be available for the program, with the actual sailing experience being 30 minutes in duration. Two or three groups will be organized for the morning, and two or three for the afternoon.

More about Sailability at Marina Parque das Nações can be found at:

http://www.marinaparquedasnacoes.pt/en/nautical-centre/vela-para-todos

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D. Musical Expression and Social Dancing Workshop:

"It Takes Two to Tango!" (1 half day: afternoon of July 20th)



Fonte: BBC

This workshop is an introduction to musical expression and social dancing. The focus is on the Argentine tango, an improvisation "drama dance" where participants express and share the experience of music and movement. Exercises will be done individually and in groups of two with the supervision of the facilitator.

The workshop is sponsored by the <u>Associação Promotora de Tango Social</u>, with facilitator David Figueira, Tango Teacher of Children and Adults, who is currently working on a master's degree thesis, project on adapting the characteristics of Argentine Tango for all people.

The only pre-requisite for this workshop is a love of music; nothing more is needed.

Each session is limited to 15 participants, age 6 years and up.

Sign up for the AAC Camp with your online <u>Conference 2014 Registration</u>. Please note that each of the AAC Camp programs has its own registration limit. Registration is on a first-come, first-served basis. For more information, please send an email to <u>conference2014@isaac-online.org</u>.